



BIBLICAL COMMUNICATION ASSESSMENT

counsel • self-study • teaching • cell group • life

Name (who answers are about)

Name (answers given by -if different)

Date

DIRECTIONS: Answer the following questions giving an honest assessment of yourself or the person to whom the answers apply (i.e., spouse). Feel free to add explanatory comments.

	Strongly Disagree									Strongly Agree
1. I am a good listener.	1	2	3	4	5	6	7	8	9	10
2. I pay attention when others are talking.	1	2	3	4	5	6	7	8	9	10
3. I use my speech to build up other people.	1	2	3	4	5	6	7	8	9	10
4. I am not critical of people behind their backs.	1	2	3	4	5	6	7	8	9	10
5. I give the person with whom I am speaking my undivided attention.	1	2	3	4	5	6	7	8	9	10
6. I enjoy learning about other people.	1	2	3	4	5	6	7	8	9	10
7. I speak the truth in love to other people.	1	2	3	4	5	6	7	8	9	10
8. I do not use my speech to make myself look good.	1	2	3	4	5	6	7	8	9	10
9. I enjoy meaningful conversations.	1	2	3	4	5	6	7	8	9	10
10. I try to make sure I fully understand the other person before I respond.	1	2	3	4	5	6	7	8	9	10
11. I look for points of agreement rather than disagreement.	1	2	3	4	5	6	7	8	9	10
12. I avoid useless arguments.	1	2	3	4	5	6	7	8	9	10
13. I seek to honor God with my speech.	1	2	3	4	5	6	7	8	9	10
14. I do not let unwholesome talk come out of my mouth.	1	2	3	4	5	6	7	8	9	10
15. I am kind in my speech.	1	2	3	4	5	6	7	8	9	10
16. I do not attack when I am attacked verbally, but rather I seek peace (when possible).	1	2	3	4	5	6	7	8	9	10
17. I stay focused on the person who is talking rather than being distracted by my own thoughts or surroundings.	1	2	3	4	5	6	7	8	9	10
18. I do not put others down as an attempt at humor.	1	2	3	4	5	6	7	8	9	10